

If children are a part of your life...
Then you don't want to miss...



Navigating the Turbulent Waters of Adolescence

Presented by The Ophelia Project
Featuring **Dr. Charisse Nixon**, Assistant Professor of
Psychology at Penn State Erie, The Behrend College

Questions to be addressed:

- Is adolescence a time for thriving or surviving?
- What are some major developmental challenges facing our adolescents?
- Are emotional outbursts normal?
- Is it always about them?
- What do our adolescents *need* during this transition time?

All are encouraged to attend

April 30, 2008, 7p.m.

Villa Lecture Hall

Villa Maria Elementary campus - 2551 W. 8th Street, Erie, PA

free of charge event

RSVP at 814-456-5437 or

waters@opheliaproject.org



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